O-RADS US Risk Stratification and Management System for Ovarian Cysts



	Risk Category (IOTA Model)			Management		
O-RADS Score		Lexicon Descriptors			Pre- menopausal	Post- menopausal
0	Incomplete Evaluation			N/A	Repeat study or alternative study	
1	Normal Ovary	Follicle defined as a simple cyst ≤ 3cm			None	N/A
		Corpus Luteum ≤ 3cm				
2	Almost Certainly Benign			≤ 3cm	None	None
-	[<1%]	Simple cyst		> 3cm to 5 cm	Follow up US every 16 w up to 1 year (3 US scans in 1 year) a	Refer to gynaecologist
				> 5cm but < 10cm		up to 1 year
		= 2			≤ 5cm None	Refer to gynaecologist
			Typical hemorrhagic cyst	Reticular pattern: Fine thin intersecting lines Retracting clot: an avascular echogenic component with angular, straight, or concave margins	>5 cm but <10 cm Follow up US in 8–12 weeks If persists or enlarges, refer to gynaecologist	Refer to gynaecologist
			Typical dermoid cyst < 10 cm	 Hyperechoic component with acoustic shadowing Hyperechoic lines and dots/floating echogenic spherical structures 	Refer to gynaecologist/ Optional initial follow up US in 8–12 weeks based upon confidence in diagnosis. If persists, enlarges or changes in morphology refer to gynaecologist (if not already done). If not removed surgically, annual follow up US may be considered by gynaecologist	
			Typical endometrioma < 10 cm	Ground glass/homogeneous low-level echoes		
			Simple paraovarian cyst/any size	Simple cyst separate from the ovary that typically moves independent of the ovary when pressure is applied by the transducer	Manage as per simple cyst ovarian criteria	Manage as per simple cyst ovarian criteria
Colour Scor	re = 1		Typical peritoneal inclusion cyst/ any size	Follows the contour of the adjacent pelvic organs or peritoneum, does not exert mass effect and typically contains septations. The ovary is either at the margin or suspended within the lesion.	Refer to gynaecologist	Refer to gynaecologist
No Flow Colour Scor Minimal Flo	ow		Typical hydrosalpinx/ any size	 Incomplete septation Tubular Endosalpingeal folds: short round projections around the inner wall of a fluid distended tubular structure 	Refer to gynaecologist	Refer to gynaecologist
Colour Scor Moderate F				≤ 3cm	None	Refer to gynaecologist
Colour Score = 4 Very Strong Flow		Non-simple unilocular cyst, smooth inner margin		> 3cm but <10cm	Follow up US in 8–12 weeks. If concerning/persists refer to gynaecologist	Refer to gynaecologist
3 Low Risk			ocular cyst ≥ 10cm	(simple or non-simple)	Refer to gynaecologist	
3	malignancy [1-<10%]	Typical dermoid cysts, endometriomas, hemorrhagic cysts ≥ 10cm				
		Unilocular cyst, any size with irregular inner wall <3mm height				
		Multilocular cyst <10cm smooth inner wall, CS=1-3				
		Solid smooth, any size, CS=1				
4	Intermediate Risk [10- <50%]			≥10cm smooth inner wall, CS=1-3		
		Multilocular cyst, no solid component		Any size, smooth inner wall, CS=4	Refer to gynaecologist	
				Any size, irregular inner wall and/or irregular septation, any colour score		
		Unilocular cyst with solid component Multilocular cyst with solid component Solid		Any size, 0-3 papillary projections, CS=any		
				Any size, CS=1-2		
				Smooth, any size, CS=2-3		
5	High Risk [≥ 50%]	Unilo	ocular cvst. anv siz	e, ≥ 4 papillary projections, CS=any	Refer to gynaecologist	
3				solid component, any size, CS=3-4		
			smooth, any size,			
			l irregular, any size			
		Ascit	es and/or periton	eal nodule		
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